## All Care Nursing & Health Fervices

### February 2022

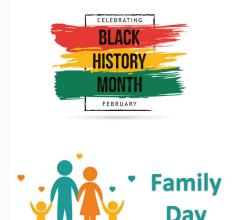


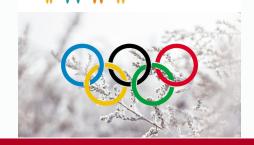












#### AC NURSING'S UPDATE

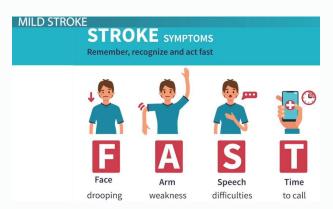




Every four years, Accreditation Canada reviews
Health Care Standards for all organizations
AC Nursing will be in the process of having our
services and standards of health care reviewed by
Accreditation Canada this year

•Accreditors will be in our office to review all our company health care and safety policies and procedures

•Accreditors will identify if we have met all standards accordance to healthcare safety and leadership to ensure all our employees are working in compliance with Ontario Health and Safety ACT •After the review and passed all criteria needed, AC Nursing will be granted a certificate for the next 4 years.



Heart Attack Symptoms:

#### **CHEST DISCOMFORT**

Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

# **DISCOMFORT IN OTHER AREAS OF THE UPPER** BODY Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

SHORTNESS OF BREATH with or without chest discomfort

**OTHER SIGNS** may include breaking out in a cold sweat, nausea or light- headiness